Motivating Reluctant Learners

Helping Students Get Engaged, Stay Engaged and Get Stuff Done!
TASK ONE

Think about the best class you ever took in middle school or high school. Write on the sticky notes at your table all of the things about the class motivated you to learn. Put only one characteristic on each sticky.
Motivation

**Intrinsic**
- Naturally interested in the subject or task
- Goal oriented
- Believe that they have control over the outcome

**Extrinsic**
- Comes from outside the individual
- Includes grades, prizes and money given for performance
- Competition and crowd cheering
Look at what you wrote about your favorite class. Working with your table, identify whether the description of why you liked the class was either intrinsic or extrinsic motivation. Paste the sticky sheets under the appropriate motivation.
8 Factors Impacting Student Motivation

- Instructor's enthusiasm
- Relevance of the material
- Organization of the course
- Appropriate difficulty level of the material
- Active involvement of students
- Variety
- Rapport between teacher and students
- Use of appropriate, concrete, and understandable examples
Other motivation ideas:

- Give frequent, early, positive feedback that supports students' beliefs that they can do well.
- Ensure opportunities for students' success by assigning tasks that are neither too easy nor too difficult.
- Help students find personal meaning and value in the material.
- Create an atmosphere that is open and positive.
- Help students feel that they are valued members of a learning community.
Ideas from the field

- “PAT” time
- Kirby Kash
- Oriental Trading Company
- FENV (foods of exceptional nutritional value)